

**GOVERNMENT OF MIZORAM
HEALTH & FAMILY WELFARE DEPARTMENT
MIZORAM SECRETARIAT BUILDING, MINECO, KHATLA, AIZAWL**

NOTIFICATION

Dated Aizawl, 25th September, 2021

Subject: Revised Standard Operating Procedure (SOP) for Covid-19 test at Mizoram State Entry Points.

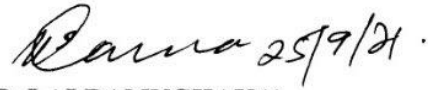
No.D.33011/39/2021-HFW(SOP)/Pt.4/H: Whereas the spread of Covid-19 pandemic has come down considerably outside Mizoram, the SOP for entry point screening has been reviewed meticulously, and the same has been revised as hereunder. This supersedes the SOP issued under even No. dated 10.08.2021 with immediate effect until further order.:

- 1.** All the entrants to the State of Mizoram shall fulfil the formalities prescribed by Home Department, Government of Mizoram, and shall also be screened for Covid-19 at the entry screening points with RAgt for Covid-19; and the persons tested positive shall be isolated/ treated as per existing Covid management protocol.
- 1.2** Persons who are found Covid-19 negative shall be quarantined in the facilities as approved by the Government or the Deputy Commissioner concerned for **five days**, after which they will be tested for Covid-19 with RT-PCR/ TrueNat. Quarantined persons who are tested negative shall be released from quarantine.
- 1.3** Persons tested with RAgt and found negative, but showing any symptom of Covid-19 shall be tested with RT-PCR/ TrueNat, and if he/she is found negative, he/she shall remain in quarantine and be tested with RT-PCR/ TrueNat as prescribed under Para 1.2.
- 2. Exemption:** Persons entering Mizoram, if asymptomatic, may be exempted from entry point screening and quarantine, on production of –
 - (1) Negative RT-PCR/TrueNat/ CBNAAT test Report for Covid-19 issued by a recognised laboratory within **72 hours** prior to the time of entry;
 - (2) (a) Certificate (downloaded from cowin portal) for full-dose Covid vaccination taken **at least 15 days before** the date of entry, OR
(b) Certificate of discharge from Home Isolation or Covid care facility issued by the competent authority **within 3 months** prior to the date of entry,
However, the entrants under Para 2 (2) (a) and (b) shall monitor themselves for any symptom of Covid-19 and strictly follows the Covid Appropriate Behaviour (CAB) for **7 days**.
- 3.** Regardless of production of any of the Certificates mentioned here above, any entrant who develops any symptom of Covid-19 at the time of entry shall be screened as prescribed under **Para 1-1.3** above.

4. **Self-/Monitoring:** Persons to monitor themselves shall watch out for any of the Covid-19 symptoms as indicated below, and shall seek advice from the CMO/ MO concerned or the Helpline at telephone Nos. **102/ 0389 2323336/ 0389 2322336/ 0389 2318336.**

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| i. Fever. | ii. Cough. |
| iii. Loss of taste/ smell. | iv. Sore throat/ throat irritation. |
| v. Malaise/ Weakness. | vi. Body ache /Headache. |
| vii. Gastro-intestinal upset. | viii. Diarrhoea. |
| ix. Dizziness. | x. Anorexia/ Nausea/ Vomiting. |
| xi. Shortness of breath/ breathlessness. | |

4.1 **Persons to monitor themselves shall strictly follow CAB viz. social distancing, proper wearing of face-mask covering mouth and nose and hand hygiene.**



(R. LALRAMNGHAKA)

Secretary to the Govt. of Mizoram,
Health & Family Welfare Department

Copy to:

1. Secretary to the Governor, Govt. of Mizoram.
2. P.S to Chief Minister, Govt. of Mizoram.
3. P.S. to Deputy Chief Minister, Govt. of Mizoram.
4. P.S to Speaker, Ministers, Deputy Speaker, Ministers of State, Deputy Govt. Chief Whip, Vice Chairman, Lunglei HPC, Vice Chairman, State Planning Board.
5. P.S to MLA & Vice Chairman, H&FW Board.
6. Sr. PPS to Chief Secretary, Government of Mizoram.
7. PPS to Secretary, Health & Family Welfare Department.
8. PPS to Secretary, Home/DM&R Department
9. All Deputy Commissioners, Mizoram.
10. Principal Director, Health & Family Welfare Department.
11. Director, Health services.
12. Director, Hospital & Medical Education.
13. Director, Zoram Medical College, Falkawn.
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16. All Medical Superintendents.
17. All Chief Medical Officers.
18. Controller, Printing & Stationeries with five (5) spare copies for publication in the Official Gazette.
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