

STANDARD OPERATING PROCEDURE
[SOP]
FOR
LOCAL / VILLAGE LEVEL TASK FORCE
[COVID-19 Laka Mizoram Mipuite Himna
Tura Local / Village Level Task Force
Hnathawh Dan Kaihruaina]

Government of Mizoram
Disaster Management & Rehabilitation Department
25th March 2020

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THUHMAHRUAI

1. Mizoram Sawrkar (Ref: *Annexure I* - Government of Mizoram, Health & Family Welfare Department Notification No. D.33011/21/2019-HFW (nCOV) dated 19th March 2020) chuan Covid-19 laka mipuite kan him zawk nana hma la turin Mizoram khua/veng tinah Local Council / Village Council huam chhung zelah Local / Village Level Task Force (LLTF/VLTF) a din a. The Mizoram Epidemic (COVID-19) Regulations, 2020 in regulation 3(3) hnuaiiah pawh hetiang hi din phal a ni bawk.
2. LLTF/VLTF te hi Mizoram Sawrkarin Mizoram mipuite Covid-19 laka kan him theihna tura hma a lakna hrang hrangah kut ke pawimawh tak an ni.
3. LLTF/VLTF hnathawh dan tur tlangpui atana kaihhruaina “Standard Operating Procedure” hi ‘kaihhruaina’ anih angin dan emaw thupek anga ngaih tur a nilo. Mumal tak leh awmze neia khua/veng tin ten hma kan lak tlan theihna tur atana duan a ni.
4. He kaihhruaina hian Sawrkar (Central Sawrkar/State Sawrkar) thupek/thuchhuah te, State Disaster Management Authority (leh a hnuaiia State Executive Committee) leh District Disaster Management Authority thupek leh thuchhuah te a kalh anih chuan Sawrkar/SDMA/DDMA thupek / thuchhuah te chu a lal zawk ang.
5. He kaihhruaina hi Government of India, Ministry of Home Affairs Order No.40-3/2020-D dated 24.03.2020 in India ram pumpui huap a lockdown a puan kalpui dan tur (guidelines) a siam dungzuia Government of Mizoram, Disaster Management & Rehabilitation Department Order No.B. 13021/103/2020-DMR dated 25.03.2020, leh COVID-19 chungchanga Advisory hrang hrang Government of India, Ministry of Health and Family Welfare leh Government of Mizoram, Health and Family Welfare Department ten an chhuah te atanga duan a ni.
6. He kaihhruaina hi a tul hun apiangah siam danglam emaw siamthat theih a ni ang.

LOCAL / VILLAGE LEVEL TASK FORCE MAWHPHURHNA TLANGPUI

7. Local / Village Level Task Force chu khua/veng tin a Local Council / Village Council huam chhung theuh a Mizoram Sawrkarin COVID-19 laka mipuite himna tura hma a lakna hrang hranga thawktu leh thuneitu pawimawh tak ani.
8. COVID-19 laka mipuite himna tur leh hemi kaihnawih a Sawrkar thuchhuah te a hlawhtlin theihnan mahni khua/veng huam chhung theuhah hma an la thin ang.
9. COVID-19 chungchangah hriatfiah loh leh zawh duh nei te tan COVID-19 healpline no 102, 0389-2323336 leh 0389-2318336 ta hmang tangkai turin mipuite a hriattir thin ang.
10. COVID-19 hri leng mek darh zel tur venna atan mimal tin ten mawhphurna kan nei ani tih mahni khua/veng tinah mipui an zirtirin an hriat nawn tir fo anga, COVID-19 chungchanga sawrkar thuchhuak mipuite hriattir leh puanzar kawngah hma an la thin ang.
11. COVID-19 avanga lockdown period chhungin mipui ten thuawih taka Sawrkar thuchhuak an zawm theihnan an khua/veng theuhah hma an la thin ang. Hemi chhunga Essential Commodities leh Essential Services khaihlak lova a kal theihna turin mahni khua/veng theuhah hma an la ang. Essential Commodities leh Essential Services te lockdown chhunga tluang taka kal zel tur list hi sawrkar siam ang zela kalpui tur a ni ang [Tun dinhmun a essential commodities leh essential services sawrkar in a puan te chu *Annexure II* ah tarlan a ni].
12. Mahni khua/veng chungah COVID-19 vei nia rinhlelh emaw harsatna nei an awmin, thinhrik leh endawn an nih lohna turin chak takin hma an la anga. Sawrkarin COVID-19 avanga in khunghran (Home Quarantine) ngai a tih te, mahni khua/veng theuh ah an lo enzui anga. List pawh fel takin an vawng tha ang. Hun biktuk chhungin tha takin home quarantine guidelines angin an kalpui em tih an thlithlai thin ang (*Home Quarantine Guidelines hi Annexure III ah tarlan ani*).
13. Mahni khua/veng theuhah mipui punkhawmna huaihawt lo tur leh punkhawmna a tel ve loh pawimawh zia inzirtira, mi ina leng lut lo tur leh khawlai a chhuak lo turin khua/veng mipuite an zirtirin atul hunah sawrkar thuchhuak mil zelin hma an la thin ang.

14. Lockdown chhungin mahni khua/veng theuhah chhuanchham, harsatna tawk, dam lo, tar chak lo leh tanpui ngai an awm chuan lungrual taka him tak si a tanpui dan tur zawn thin nise.
15. Mahni khua/veng chhungah thil zuar, man tito emaw a leitu duham lutuka inchhekkhawl tur venpui thin nise.
16. COVID-19 avanga thi an awm anih chuan ruang sawngbawl dan chungchanga sawrkar thuchuak angin hma lak tur a ni ang. Government of India, Ministry of Home Affairs order number 40-3/2020-D dates 24.3.2020 in India ram pumpui huap a lockdown a puan kalpui dan tur (guidelines) a siam angin mitthi vuina (lumen tiam in) naah mi 20 aia tam awm khawm phal loh tih anih avangin Sawkar thupek kenkawh kawngah Local / Village Task Force ten ruahmanna an siam thin ang. COVID-19 avanga thi ruang sawngbawl dan kaihhraina hi *Annexure IV* ah tarlan a ni.
17. Sawrkar laipui leh State sawrkar thuchhuak abik takin Government of India, Ministry of Home Affairs order number 40-3/2020-D dates 24.3.2020 in India ram pumpui huap a lockdown a puan kalpui dan tur (guidelines) a siam (*Annexure V*) mahni veng/khua theuhah tihlawhtling turin hma an la ang.
18. The Mizoram Epidemic (COVID-19) Regulations, 2020 hnuaiah tih tur sawrkarin a tuk anih chuan LLTF/VLTF ten a tul ang zelin hma an la thin ang.
19. Medical / Technical thil ah LLTF/VLTF ten COVID-19 helpline [Toll free – 102; 0389-2323336, leh 0389-2318336] ah a tul apiang an zawt fiah thin ang.
20. He kaihruaina in a tarlan loh thil hmanhmawh thlak hmalakna tur a awm anih chuan LLTF/VLTF ten State Level Task Force emaw District Level Task Force te a tul ang zelin a rawn thin ang.

**INFORMATION PAWIMAWH PEK CHHUAH CHUNGCHANGA
KAIHHRUAINA**

21. COVID-19 chungchanga thu belhchian dawl lo thehdarh tur ven kawngah mahni khua/ veng theuhah hma lak theih nise. Heng thu belhchian dawl lo avanga mipui chia i tur pawh a theih chin chianah ven tlat nise. Thu belhchian dawl leh sawrkar thupek thehdarh kawngah theihtawp chhuah nise.
22. Sawrkar thupek mipuite hriattur pawimawh apiang puan zar thin nise. Khua / veng tin a information centre te hman tangkai thin nise.
23. The Mizoram Epidemic (COVID-19) Regulation, 2020 hnuaiah COVID-19 chungchanga Mizoram kaihhnawi leh dinhmun reng reng thu dik lo leh belhchian dawl lo reng reng thehdarh khap tlat a ni tih mipuite zau taka hriattir nise.
24. Task Force hmalakna atana mipui hriat tur a information pek chhuah reng reng mipui te ti chia i thei leh hrisel lo zawkte tana hriat nuam lo tur ang chi chu a theih chin chinah information centre atanga puan chuah loh nise. Tawngkam hman chungchangah pawh hriat nuam leh pawm nuam zawnga tawngkau chheh hman hram hram nise.
25. Mipui zingah hriselna a in chen loh avangin information centre atanga au chhuah zin lutuk loh dan ngaihtuah nise. Vawikhat au-ah information kim thei anga pek chhuah tum thin nise. Mipui zinga upa lam pawhin an hriat theih tura muang hriat nuam tawk a au thin nise.
26. Khawpui chung bikah veng tinah information centre atanga au chhuah anih thin avangin vawi khat a veng hrang hrang au hun a in an chuan mipui tan hriat a har em em thin a. Au hun in rual lo thei anga in ngaihven tawn thin nise atha hle ang.
27. Information mipui hnena pek chhuah tur reng reng thudik leh rintlak ngei a ni tih finfiah hmasak zel thin nise. Thudik leh rintlak ngei tih finfiah theih loh chu mipui hnena puan zar rih loh mai thin nise.

LOCAL / VILLAGE LEVEL TASK FORCE DUTY A CHHUAK TE HIMNA CHUNGCHANG

28. LLTF / VLTF hminga duty tur chu hrisel tha pangngai ni thei hram sela.
29. Kum lama upa, a bik in kum 60 pel tawh te, chu duty tura chhuah tir loh nise.
30. LLTF / VLTF hminga duty te chu in hnaih taka awm ho loh theih hram hram nise. A theih chin chinah metre khat (1 mtrs) vel zela inhlat a awm thin nise.
31. LLTF / VLTF duty ten pawn chhuak an endik reng rengin din hnaih lutuk loh hram nise. A theih chin chinah metre khat (1 mtrs) vel zela inhlat a inbiak nise. Document enfiah duh an nei anih pawhin document kut a khawih kher lova finfiah dan zawn hram hram nise.
32. Khua / veng chhunga essential commodities lei leh hralh kenkawh chungchangah a him thei ang bera kalpui nise. Dawr neitu leh dawrtu pawh inhnaih lutuk lo tura zirtir leh hriattir nise. A theih chin chinah dawr neitu leh dawrtu te metre khat (1 mtrs) aia hnaiah in dawr loh nise. Dawr chhunga a dawr len dan a zir in metre khat (1 mtrs) aia inhnaih lova an awm theina tur chin bak dawrtu luh loh nise. Hetianga kalpui tur hian dawr chhungah inluh chhawk thin nise. Dawrtu te dawr pawna intlar an awm anih pawhin metre khat (1 mtrs) aia hnaiah awm tir loh nise.
33. LLTF / VLTF hminga duty tur te a theih chin chinah safety gear / personal protective equipment a bik takin inhnaih taka thawh a ngaihna hmunah mask vuah thin nise. Kut silfaina tha tak ruahman theih thin nise.
34. Duty te mahni in lam theuh a hawn danah pawh fimkhur taka tih nise. A theih chin chinah in lama chhungte bula kal hmain emaw khawih hmain fai taka insil hmasak hram thin nise. Duty na a hak thawmhnaw pawh thawmhnaw dang nena in chiahpiah lova sukfai vat thin nise.

Annexure I



GOVERNMENT OF MIZORAM
HEALTH & FAMILY WELFARE DEPARTMENT
MIZORAM SECRETARIAT BUILDING, MINECO, KHATLA
AIZAWL-796001
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NOTIFICATION

Dated Aizawl, the 19th March, 2020.

No.D.33011/21/2019-HFW(nCOV) : In supersession of this Department Notification (Hriattirna) No.D.33011/21/2019-HFW(nCOV)/Pt-II dated the 18th March, 2020 and in pursuance of minutes of the "Meeting of Hon'ble Minister, Health & Family Welfare Department with Community Leaders on measures for Prevention of COVID-19 in Mizoram" held on the 17th March, 2020, the **Village/Local Level Task Force on COVID-19 for the prevention and containment of the outbreak and spread of COVID-19 in Mizoram** is hereby constituted with the following composition as follows:

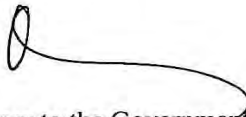
1. **Chairman** : Village Council President/Local Council Chairman
2. **Vice-Chairman** : President, YMA /YLA/MTP/YCA Branch
3. **Member Secretary** : Village Council/Local Council Secretary
4. **Members:**
 - (i) 2 (two) members from the Village Council/Local Council
 - (ii) 2 (two) members from Office Bearer of YMA /YLA/MTP/YCA Branch
 - (iii) President, MUP/LUP
 - (iv) President, MHIP/MChP/LWA/Chakma Mahila
 - (v) 1(one) representative from each Denomination (Veng/khua chungga Biak - In nei chin)
 - (vi) Medical Personnel (Doctor/Nurse/Health Worker/ASHA)

(Terms of Reference (TOR) enclosed)

Sd/-H.LALENGMAWIA
Secretary to the Government of Mizoram
Health & Family Welfare Department

Memo No.D.33011/21/2019-HFW(nCOV) : *Dated Aizawl the 19th March, 2020.*
Copy to:

1. P.S to Governor of Mizoram.
2. P.S to Chief Minister, Govt. of Mizoram.
3. P.S to Minister Health & Family Welfare Department.
4. Sr. P.P.S. to Chief Secretary, Govt. of Mizoram.
5. All Administrative Departments.
6. All Heads of Department.
7. Principal Director of Health & Family Welfare Department.
8. Director of Health Services.
9. Director of Hospital & Medical Education.
10. All Deputy Commissioners.
11. All Superintendents of Police.
12. Mission Director, National Health Mission.
13. Director, Zoram Medical College.
14. All Chief Medical Officers.
15. All Medical Superintendents.
16. Chairman, NGO Co-ordination Committee.
17. Chairman, MKHC
18. All concerned members.
19. Guard File.


Secretary to the Government of Mizoram
Health & Family Welfare Department

**GOVERNMENT OF MIZORAM
DIRECTORATE OF LOCAL ADMINISTRATION DEPARTMENT
MIZORAM : AIZAWL**

Dated Aizawl, the 18th March, 2020

To,

The District Local Administration Officers,
Aizawl/Lunglei/Changmai/Kolasib/Serchhip/Mamit
Local Administration Department

Subj:- Village Level Task Force din chhungebung.

Ka pu,

March 17th 2020 chawhna dar 2 (hmit) idan Health Minister, Health & Family Welfare Department kaibhruama in Central YMA OBI to, Aizawl lehawehhanga Local Council hruama, H&FW Department, UD&PA Department leh AMC to meeting chawh Covid-19 taka kin hru thehna tura hmitidana atan Village/Local Level Task Force din hmiti paha tin an re) a. Standard Operating Procedure (SOP) pawh March 25 hmiti peih hmiti an re) a.

Village Council/Local Council hmiti Local Level Task Force ring taha din ngal an re) hmiti i ni a. District Task Force/Deputy Commissioner hmiti ta hmiti March 25 ta hmiti in report go ngai taha hmiti i ni hmiti. Report ah chawh din hmiti leh contact detail an peh an re) a ni hmiti.

DIAO in chu an Deputy Commissioner in be tawh a Village Level Task Force chawh/hmiti Village Council kaibhruama a din hmiti hmiti ngal an re) a ni hmiti.

Village Task Force din dan in chu hmiti in a ni.

- a. **Chairman** : Village Council President/Local Council Chairman
- b. **Vice Chairman** : President, Branch, YMA
- c. **Member Secretary** : VC/LC Secretary
- d. **Members**
 - i. Village Council/Local Council Members atungin pahaib(2)
 - ii. Branch YMA OB atungin pahaib(2)
 - iii. President, MUP
 - iv. President, MHP
 - v. Kabinan (Veng/Khara chhanga Bank in an chru) atungin pahaib hmiti
 - vi. Medical personnel (Doctors/Nurse/Health Workers/ASHA) pahaib

Standard Operating Procedure (SOP) pawh chawh peih hmiti in hmiti DCAO in hmiti hmiti, dan hmiti report hmiti hmiti hmiti an re) a ni hmiti.

F r hmiti


GOVERNMENT OF MIZORAM
Director

Director of Administration & Secretariat
Mizoram - Aizawl

**AIZAWL MUNICIPAL CORPORATION
THUAMPUI, AIZAWL - 796017
MIZORAM**

No. C. 18019/1/2020-AMC(E) : Dated Aizawl the 18th March, 2020

To,

✓
The Chairman
All Local Councils

Subject : Local Level Task Force on Covid-19 din chungchang

Ka Pu,

Ni 18.3.2020-a Hon'ble Minister, Health & Family Welfare hova Meeting thu chhuak (vide Memo No. D. 33011/21/19-HFW(nCOV) dt. 18.3.2020 - copy enclosed) angin Aizawl khawpui huam chungah tunlaia Coronavirus avanga harsatna thleng buaipui turin Local Council zawng zawngah Local Level Task Force din tura hriattir in ni a. A din dan tur (composition) chu Meeting rawtna (enclosed) ang hian kalpui tur a ni ang.

He thil hi muangchang loa hma lak tur a ni a. Ni 20.3.2020 aia flai lovah a hnuaia hming ziak hnenah hian Report pek tur a ni ang.

Enclo : as above

Yours faithfully,


(K. LALDINGLIANA)

Municipal Commissioner
Aizawl Municipal Corporation
Aizawl, Mizoram

Memo No. C. 18019/1/2020-AMC(E) : Dated Aizawl the 18th March, 2020

Copy to :

1. PS to Chief Minister/Dy. Chief Minister, Mizoram;
2. PS to Minister, Health & Family Welfare Deptt. Mizoram;
3. PPS to Chief Secretary, Mizoram;
4. Mayor/Dy. Mayor/Councillors, AMC;
5. PS to Secretary, UD&PA, Govt. of Mizoram

✓
Municipal Commissioner
Aizawl Municipal Corporation

Annexure II

1. Essential Services:

- a. Sawrkar Laipui (Government of India) office lockdown in a huam ve loh tur te: (i) Defence, (ii) Central Armed Police Forces, (iii) Treasury, (iv) mipui nitin mamawh “public utilities” khawihtu office-te (petroleum, CNG, LPG, PNG telin), (v) Disaster Management, (vi) Power Generation and Transmission Units, (vii) Post Offices, (viii) National Informatics Centre, leh (ix) Early Warning Agencies.
- b. State/Union Territory hnuai sawrkar department/office lockdown in a huam ve loh tur te: (i) Police, (ii) Home Guards, (iii) Civil Defence, (iv) Fire and Emergency Services, (v) Disaster Management, (vi) Prisons, (vii) District Administration, (viii) Treasury; (ix) Power & Electricity, (x) Water Supply / PHED, (xi) Sanitation / AMC/ SIPMIU; (xii) Municipal /DUDO hnuai bawlhhlawh pah motor, tual phiatfaitute leh PHE tui semtute.
- c. Sawrkar leh mimal damdawi in leh a kaihnawih medical establishment zawng zawng - damdawi leh hmanraw siamna hmun, semdarhna hmun dispensaries, damdawi dawr, laboratory, clinic, nursing home leh ambulance etc., te chu an hnathawh ngai an thawk ang. Medical personnel zawng zawng daktawr, nurse, para-medical staff, hospital a thawk zawng zawngte chu an hna tula an veivah phalsak an ni.

2. Essential Commodities: Sumdawna hmun leh mimal hnathawhna hmun hrang hrangte khar vek tur a ni. Khar ve loh turte :

- a. Dawr – Public Distribution System (PDS) hnuai ration lakna dawr, nitin mamawh zawrhna dawr, thei leh thlai zuar, bawngnhute sem leh zuar, sa leh sangha zuar, ran chaw zuar.
- b. District thuneituten mipui vak chhuak lova an mamawhte in lama thawn / pek (home delivery) dan tur an ruahman thei ang.

3. Heng bakah hian a hnuai a mi te hi hnathawh phaksak tur an ni ang.

- a. Banks, Insurance Offices, ATM.
- b. Print and Electronic Media
- c. Telecommunications, Internet Services, Broadcasting leh Cable Services. IT leh IT enabled Services (for essential services) a theih chin chinah in lam atanga thawh tur a ni.

- d. Ei tur, damdawi, damdawi kaihhnawih inentirna/inenkawlna hmanruate online a chah inpek.
- e. Petrol pump, LPG, Petroleum leh Gas hralhchhuahna leh dahkhawlna hmun.
- f. Power Generation, Transmission leh Distribution Unit zawng zawng.
- g. Securities and Exchange Board of India in a notify Capital leh Debt Market Service-te
- h. Cold Storage leh Warehouse.
- i. Private Security Services
- j. Industrial Establishment bikah nitin mamawh (essential commodities) siamchhuahna
- k. Nitin mamawh (essential goods) phurtute leh dahtha tura tanpui tute kal chhunzawm tur ani
- l. Dan leh thupek kengkawhtute phurtu
- m. Fire & Emergency Services.

Heng achunga mi bak chawlh rem ve lo thil siam chhuah reng ngai nei te an awm anih chuan State Government phalna an la tur a ni.

Annexure III

**Government of India
Ministry of Health & Family Welfare
Directorate General of Health Services (EMR Division)**

INKHUNGHAN (HOME QUARANTINE) NA KAWNGA HRIATTUR PAWIMAWH

A HUAM THEIH TE:

Mi tupawh, a zinchnuah vang emaw, thil dang engpawh vang emaw a novel Coronavirus Disease (COVID-19) kâi ni a rintheih emaw, rinhleh emaw anih chuan arang thei ang bêra khung hran tur ani a, anmahni enkawl thei tura ruat bik te châuh in an khawih thin tur a ni. India ramin hetiang, mahni in lama inkhunghrang tura a tih te chu; i) *zin vêivak mi*; ii) *mihring pun khawmna hmuna awm tam, heng natna hri darh tawhna hmun lo tlawh tawh te*; iii) *Covid-19 kai na hmun leh ram atanga lo kal, a bîkin heng natna hri lenna hmun a finfiah tawh atanga lo kal te..*

IN KAICHHAWN AWMZIA:

Natna hri inkaichhawn na hi mi hriseltha pangaiin, a hri vei tawh ten nen an awm ho emaw hri len tawh na hmun leh boruakah an lo khawsa ho tawh emaw anih chuan a kâi ve theihna dinhmun chu a sang hlê ani.

Covid-19 case kâichhawng thei te chu:

- Covid-19 hri vei tawhte nen in khatah an chen ho in;
- Covid-19 hri vei nen hri inkaichhawanna lam a invenna hmanrua (Personal Protective Equipment (PPE)) hmang lo emaw, an invenna hmanrua te lo chhiat emaw vanga intawhna an lo neih tawh in;
- Covid-19 hri vei nen hmun hnaivâitak emaw, hmaichhan emaw, thlawhna zinkawng ah emaw pawh metre-1 bial chhungah an lo awm tawh in.

He natna hri darh zau zêl na hi, mihringin a natna hrik vanga a pai damlohna (symptoms) te a lanchhuah atanga ni-14 hma lam atang tawhin a lo int\an thei reng tawh ani.

INKHUNGHANG (HOME QUARANTINED) TE HRIATTUR:

In a in khunghrang te chu;

Mi pakhat chauh awmna pindan, boruak tha luh theihna, inthiarna leh inbualna awm nghal a awm tir thei ni se duhtusam ani. An chungte nen pindan khatah an awm ngêi ngêi a ngai anih chuan an pahnih inkar ah meter-1 tâl dah awl thin tur a ni.

- Kum upa te, naupai te, naupang leh harsatna/natna hrâng hrâng in a tlakbuak tawh te leh ama chenpui te lakah a awm hla tur a ni.
- Inchhungah a tei kual tur a ni lo.
- Engtik lâi mahin heng mipui pun khawm na hmun; biakin, inneihna leh mithi inah te a kal tur a ni lo.

Heng a hnuaia miñn te hnena in vawn fai dan tur ruahmanna awm te hi engtik lâi pawh in a zawn ve tel tur ani;

- Kan kut hi uluk tâka sahbawn emaw alcohol based (hand sanitizer) emaw in kan sil fô tur ani.
- Inchhung bungrua hrâng hrâng, êntirnan; bungbel, no, inhruk na, khum khuh na leh thil dang rêng rêng in hman tawm loh tur a ni.
- Hmui khuhna (surgical mask) te an vuah rêng tur a ni a, heng mask te hi darkar 6-8 hnuah paih thin tur ani a, hman nawn leh tur ani lo.
- In lama inenkawl laia mêk hri kai te emaw, a enkawl tute emaw leh a hri lo vei te bul hnaia a awm te hmui tuamna (mask) chu uluk tâkin natna hrik thahna tur bik a siam, bleach solution (5 %) emaw sodium hypochlorite solution (1%) emaw a kan chiah hnuah chauh paih tur ani a ni .Tin, halral emaw, phum bo emaw pawh a theih bawk.
- Hmui khuhna (mask) hman tawh hnu te hi natna kâi tawh anga rîn tur a ni.
- Hri kai avanga natna awm thei te; khuh, khawsik, thâwk lama harsatna nei kan awm chuan râng takin damdawiin hnâi berah inhriattir emaw, phone number 011-23978046 ah hian biak vât thin tur ani.

INKHUNGHRANG (HOME QUARANTINED) CHENPUITE LEH CHHUNGTE HRIATTUR:

- Enkawl tura tih bik châuhin kan khunghran te chu an enkawl tur ani.
- An thawmhnaw hak hnu leh vun/taksa khawi lâi mah kut lawnga khawih loh tur ani.
- Kut kawr paih mâi theih chi (disposable gloves) te hi an thawmhnaw hâk hnu leh thil rêng rêng tih fai dawn in hman tur ani.
- Kut kawr phelh hnuah fai taka kut chu sil leh tur ani.
- Inah inleng neih phal loh tur
- Kan kunghran te chu damlohna an lo nei anih chuan a bul hnaia ni 14 hun chhunga lo awm tawh te chu kunghran ve nghal tur an ni a, ni 14 dang leh pawh finfiahna (test report) in a natna a kai tawh lo tih a finfiah hmâ loh chu la khunghran reng tur an ni.

KAN CHHEHVEL VAWN FAI :

- Kan khunghran te room a thil awm (entirnan; khum, dawhkân etc.) te chu nîtin odium hypochlorite solution (1 %) hmangin hruk fai ziah tur ani.
- Inthiarna hmun te hi bleach solution/phenolic disinfectant hmangin fâi leh ulûk taka enkawl tur ani.
- Thawnhnaw leh puan, kan khunghran in a hman te chu a hrang a fâi taka suk thin tur ani,

INKHUNGHRANG (HOME QUARANTINE) HUN CHHUNG:

- Inkhunghran (home quarantine) hun hian mi, natna hri kâitawh te nena an awm ho na atanga ni 14 chhung emaw, a hri kâi ni a rinhlelh tên an kai lo ngêi tih finfiah anih hun chhung a huam a ni.

ANNEXURE-IV

COVID -19 AVANGA THITE RUANG CHU AHNUAI A MI ANG HIAN SAWNGBAWL TUR A NI:

1. Damdawiin a thite chu Government of India, Ministry of Health and Family Welfare-in Guidelines a tih chhuah anga sawngebawl tur a ni.

- a. Ruang hi a remchan chuan kuang-a dah a, in lamah hawn ni se .
- b. Ruang phurtute tan hian kai a hlauhawm loh a ni.

2. In lama thi (Covid-19 vei finfiah leh rinhlelh)-an awm chuan a hnuai a mi angin sawngebawl tur a ni:

- a. Ruang chu Body bag (plastic)-a thun tur a ni.
- b. Body bag hi a remchan ang a ngaihtuah mai nise.
- c. Ruang chu bodybag-a thun a nih hnu-ah, body bag pawnlam chu 1% bleaching Solution-a tih thianghlim leh tur a ni. Bleaching powder hi a remchan anga ngaihtuah mai tur a ni.
- d. Ruang hi a rang thei angin kuang-ah dah ni thei se.
- e. Kuang pawh hi 1% bleaching solution-a tih fai leh tur a ni.
- f. Kuang chu chhin nghal kher a ngai lo. Amaherawhchu, body bag atang hian ruang phawrha, bual, fawh, kuah etc. hi tih loh tur a ni.
- g. Ruang sawngebawl tute hian Mask leh gloves an hmang tur a ni.
- h. Ruang atang hian COVID-19 hi midangte tan kai a hlauhawm lo a.
- i. Amaherawhchu, mipui pungkhawm atanga inkaidarh thei a nih avangin, a ranglama vui programme hi buatsaih theih ni se. Tin, Vui programme pawh hi a tawi thei ang bera tih ni se.
- j. Khawhar lenpui pawh a tlem thei ang ber ni se.
- k. Covid-19 vanga chhiat tawk chhungte hi Covid-19 vei ve palh thei an nih avangin midang an kaidarh loh nan mahni invenna hman ni se.

3. Hriattur pawimawh dangte:

- a. Covid-19 vanga boralte ruang buaipui hi a hlauhawm loh a, amaherawhchu, ruang buaipuitute hian mask leh glove hman tur a ni.
- b. Covid-19 vanga boralte ruang motor-a phurh hi a hlauhawm loh.
- c. 1% Bleaching solution siam dan:
 - i. Bleaching powder (25% emaw 30%) thinfiante 3 (40gms) chu tui litre 1-ah pawlh tur a ni.
 - ii. Bleaching solution hi siam lawk tur a ni lo a, a thar a siam zel tur a ni.
 - iii. Bleaching solution siam hi darkar 24 chhung chauh hman theih a ni.

ANNEXURE V

COVID-19 HRI LENG DARH ZAU ZEL TUR VENNA ATANA SAWRKAR LAIPUI MINISTRY/DEPARTMENT, STATE/UNION TERRITORY TE ZAWM TUR INKAIHHRUAINA

COVID-19 hri leng darh zau zel tur venna atana Sawrkar Laipui/Ministry/Department, State/Union Territory-te zawm tur inkaihhruaina tur hetiang hian tihchhuah a ni.

1. Sawrkar Laipui (Government of India) office zawng zawng, an hnuai Autonomous/ Subordinate Office leh Public Corporations zawng zawng khar vek tur a ni.

A huam ve loh turte :

Defence, Central Armed Police Forces, Treasury, mipui nitin mamawh “public utilities” khawihthu/buaipuitu office-te (Petroleum, CNG, LPG, PNG telin), Disaster Mangement-te leh kawlphehtha siam leh semtu pisa te, dak in leh, National Informatics Centre leh chhiatrupna thleng thei chhuitu agency hrang hrangte.

2. State/Union Territory hnuai sawrkar department/office zawng zawng, Autonomous Bodies leh Corporations etc. zawng zawng khar tur a ni.

A huam ve loh turte :

- a. Police, Home Guards, Civil Defence, Fire and Emergency Services, Disaster Management, Prisons
- b. District Administration leh Treasury
- c. Power & Electricity, PHED, Sanitation
- d. Municipal bodies hnuai bawlhhlawh paih motor, tual phiat faitute leh PHE tui semtute

Serial No 1 & 2 a office hrang hrangahte hian staff a tlem thei ang ber office kai tir tur an ni a, midang zawngin in lam atangin office hna an thawh chhunzawm ang

3. Sawrkar leh mimal damdawi in leh a kaihhnawih medical establishment zawng zawng - damdawi leh hmanraw siamna hmun, semdarhna hmun- dispensaries, damdawi dawr, laboratory, clinic, nursing home leh ambulance etc., te chu an hnathawh ngai an thawk ang. Medical personnel zawng zawng daktawr, nurse, para-

medical staff, hospital a thawk zawng zawngte chu an hna tula an veivah phalsak an ni.

4. Sumdawna hmun leh mimal hnathawhna hmun hrang hrangte khar vek tur a ni.

Khar ve loh turte :

a. Dawr – Public Distribution System (PDS) hnuaiia ration lakna dawr, nitin mamawh zawrhna dawr, thei leh thlai zuar, bawnghnute sem leh zuar, sa leh sangha zuar, ran chaw zuar.

District thuneituten mipui vak chhuak lova an mamawhte in lama thawn/pek (home delivery) dan tur an ruahman thei ang.

b. Banks, Insurance Offices, ATM

c. Print and Electronic Media

d. Telecommunications, Internet Services, Broadcasting leh Cable TV Services. IT leh IT enabled Services (for essential services) a theih chin chinah in lam atanga thawh tur a ni.

e. Ei tur, damdawi, damdawi kaihhnawih inentirna/inenkawlna hmanruate online a chah inpek.

f. Petrol pump, LPG, Petroleum leh Gas hralh chhuahna leh dahkhawlina hmun.

g. Power Generation, Transmission leh Distribution Unit zawng zawng.

h. Securities and Exchange Board of India in a notify Capital leh Debt Market Service-te

i. Cold Storage leh Warehouse.

j. Private Security Services

A bak establishment dang zawngte chuan in lam atangin hna thawh tur a ni.

5. Industrial Establishment zawng zawng khar vek tur.

Ngaihnathiam turte :

a. Nitin mamawh (essential commodities) siamchhuahna

b. Chawlh rem ve lo thil siam chhuah reng ngai neite, State sawrkarin atangin phalna an la tur a ni.

6. Khualzin phur- Thlawhtheihna, rel, lirthei zawng zawng chawlh vek tur.

Ngaihnathiam tur :

a. Nitin mamawh (essential goods) phurtute

b. Dan leh thupek kengkawhtute phurtu, Fire & Emergency Services.

7. Hospitality service (khualbuk) zawng zawng, a hnuai tar lante tih loh chu khar vek tur a ni.

a. Khualbuk chi hrang hrang - hotel, homestay, lodge leh motel – lockdown avanga khualzin tangkhang te, medical leh emergency staff te, thlawhna leh lawnga thawktute thlen mekna.

b. Inkhung hranna (quarantine facility) atana hman mek emaw ruahman lawk emaw te.

8. Zirna in chi hrang hrang, he'ng – educational, training, research leh coaching institution ang chi chu khar vek tur a ni.

9. Biak in reng reng mipui tan khar vek tur a ni a. Eng sakhaw inkhawm mah phalsak tur a ni lo.

10. Vantlang puipunna hrang hrang – khawtlang thil emaw, politics emaw, infiamna emaw, intihlimna emaw, zirna kaihnawih emaw, hnam thil emaw, sakhaw thil emaw, pun khawmna chi reng reng khap tur a ni.

11. Mitthi vui chungchangah, a vuitu mi 20 aia tam tel theih a ni lo vang.

12. March ni 15, 2020 hnulama ram pawn atanga India rama lo lut reng reng leh, damdawi lam thiam (health care personnel)-te'n inkhung hrang tura an tihte reng reng chu tualchhunga thuneitu (local health authority)-te'n hun bi an tuksak angin mahni inah emaw, sawrkarin inkhunghranna a ruahmanah emaw tha takin an inkhung tur a ni a, hemi zawm lote chu Indian Penal Code section 188-na hnuaiyah hrem theih an ni ang.

13. Mipui mimir mamawhna avanga khuahkhirhna thlah dul loh theih loh a chung a tarlana thawktute COVID-19 laka an him theihna turin an office/pawl inrelbawlnaa mawhphurtu, an hotuten Health Department-in kaihhruaina a siam ang thlapin ruahmanna tha tawk an siam ngei tur a ni a, a theih chin apiangah midang hlatin an awm tur a ni.

14. Khuahkhirhna dan kengkawh tur hian District Magistrate chuan Executive Magistrate-te tir chhuakin Incident Commander atan a ruat ang a. Incident Commander hian an thuneihna huamchhungah khuahkhirhna dan tha taka kenkawh a nih theih nan mawh an phur ang a. Line department official dangte nen Incident Commander kaihhruaina hnuaiyah an thawkho ang. A chung a sawifiah tawh ang khian Incident Commander ten mipui mamawh phur veivah a khaihlak loh nan 'pass' an pe thei ang.

15. Thupek kengkawhtuten he khuahkhirhna dan khauh tak hi mipui pawn chhuah khapna atana hman tur tih hriain mipui nitin mamawh lamna erawh dal loh tur a ni.
16. Incident Commander ten damdawi in sak thar, zauh, tihlen leh cheithat hna rang taka thawh a nih theih nan bungraw mamawh lam khawm, hnathawktute leh mamawh dang lak khawm kawngah khaih lak a awm loh nan tan an la tur a ni.
17. Mi tupawh he khuahkhirhna dan bawhchhia an awm a nih chuan Disaster Management Act 2005, Section 51 atanga Section 60-in a sawi ang leh IPC Section 188-na hmanga hrem theih an ni ang.
18. A chung a khuahkhirhna dan tarlan hi ram pumah March ni 25, 2020 atangin ni 21 chhung hman tur a ni.

ANNEXURE VI

**No.B13021/103/2020-DMR
GOVERNMENT OF MIZORAM
DISASTER MANAGEMENT & REHABILITATION DEPARTMENT**

Dated Aizawl, the 25th March, 2020.

ORDER

WHEREAS, in exercise of the powers under Section 6(2)(i) of the Disaster Management Act, 2005, the National Disaster Management Authority (NDMA) has issued an Order No.1-29/2020-PP (Pt-II) dated 24th March, 2020 directing the Ministries/Departments of Government of India, State/Union Territory Governments and State/Union Territory Authorities to take effective measures so as to prevent the spread of COVID-19 in the country which has already been declared as a pandemic by the World Health Organization;

AND WHEREAS in pursuance of the aforesaid Order of NDMA, and in exercise of the powers conferred under Section 10(2)(1) of the Disaster Management Act, 2005, the Union Home Secretary, in his capacity as Chairperson, National Executive Committee, has issued Order No. 40-3/2020-DM-I(A) dated 24th March, 2020.

AND WHEREAS, under directions of the aforesaid Orders, and in exercise of the powers conferred under section 22(2)(h) of the Disaster Management Act, 2005, the undersigned, in his capacity as Chairperson, State Executive Committee, hereby issues the following instructions for strict implementation and compliance of all concerned:

1. Offices of the Government of India, its Autonomous/Subordinate Offices and Public Corporations shall remain closed with the following exceptions:
Defence, Central Armed Police Forces, Treasury, public utilities (including petroleum, CNG, LPG, PNG), FCI operations, disaster management, power generation and transmission units, post offices, National Informatics Centre, Early Warning Agencies.
2. Offices of the State Government, its Autonomous Bodies, Boards/Corporations, etc. shall remain closed with the following exceptions:

- a) Police, Home Guards & Civil Defence, Fire and Emergency services, disaster management, and prisons.
- b) District Administration and Treasury.
- c) Electricity, water, sanitation
- d) Municipal bodies *(only staff required for essential services like sanitation, personnel related to water supply)*

The above offices (Sl. No. 1 & 2) should work with minimum number of employees. All other offices may continue to work-from-home only.

3. Hospitals and all related medical establishments, including their manufacturing and distribution units, both in public and private sector, such as dispensaries, chemists and medical equipment shops, laboratories, clinics, nursing homes, ambulances, etc. will continue to remain functional. The transportation for all medical personnel, nurses, para-medical staff, other hospital support services shall continue to remain functional.
4. Commercial and private establishments, including all construction works, shall be closed down with the following exceptions:
 - a) Shops, including ration shops (under PDS and FCI operations) dealing with food, groceries, fruits and vegetables, dairy and milk booths, meat and fish, animal feeds, subject to regulation by the District and Local authorities. However, district and local authorities should facilitate home delivery to minimize the movement of individuals outside their homes.
 - b) Banks, insurance offices, and ATMS.
 - c) Print and electronic media.
 - d) Telecommunications, internet services, broadcasting and cable services. IT and IT enabled services only (for essential services) and as far as possible to work from home.
 - e) Delivery of all essential goods including food, pharmaceuticals, medical equipment through e-commerce.
 - f) Petrol pumps, LPG, Petroleum and gas retails and storage outlets.
 - g) Power generation, transmission and distribution units and services.
 - h) Capital and debt market services as notified by the Securities and Exchange Board of India.
 - i) FCI, FCS&CA Supply Centres, Cold storage and warehousing services.
 - j) Private security services.

All other establishments may work-from-home only.

5. Industrial establishments will remain closed with the following exceptions:
 - a) Manufacturing units of essential commodities.
 - b) Production units, which require continuous process, after obtaining required permission from the State Government.
6. All transport services, air, rail, roadways, both public and private – will remain suspended with the following exceptions:
 - a) Transportation for essential goods, including water tankers
 - b) Fire, law and order and emergency services
 - c) Movement of Airport and Airlines Staff and Crew for maintaining specific minimum facilities/services.
7. Hospitality Services to remain suspended with the following exceptions:
 - a) Hotels, homestays, lodges and motels, which are accommodating tourists and persons stranded due to lockdown, medical and emergency staff, air and sea crew.
 - b) Establishments used/earmarked for quarantine facilities.
8. All educational, training, research, coaching and tuition classes etc. shall remain closed.
9. No religious congregations in places of worship will be permitted, without any exception.
10. All social/ political/ sports/ entertainment/ academic/cultural/religious functions/gathering shall be barred.
11. In case of funerals, congregation of not more than 20 (twenty) persons will be permitted.
12. All persons who have arrived into India after 15.02.2020, and all such persons who have been directed by health care personnel to remain under strict home/institutional quarantine for a period as decided by local Health Authorities, failing which they will be liable to legal action under Section 188 of the IPC.

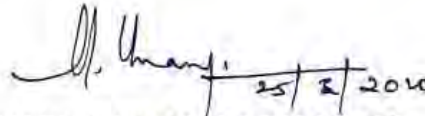
13. Wherever exceptions to above containment measures have been allowed, the organisations/employers must ensure necessary precautions against COVID-19 virus, as well as social distance measures, as advised by the Health Department from time to time.
14. In order to implement these containment measures, the Deputy Commissioner will deploy Executive Magistrates who will be responsible for the overall implementation of these measures in their respective jurisdictions. All other line department officials in the specified area will work under the directions of such Executive Magistrates. The Deputy Commissioner will authorise a Specific Officer to issue passes for enabling essential movements as explained.
Provided that, the Local Level Task Force constituted by the State Government shall be authorised to issue such passes under the superintendence and control of the Deputy Commissioner.
15. All enforcing authorities to note that these strict restrictions fundamentally relate to movement of people and maintaining social distance, but not to that of essential goods.
16. The Deputy Commissioners will in particular ensure that all efforts for mobilization of resources, workers and material for augmentation and expansion of hospital infrastructure shall continue without any hindrance.
17. Any person violating these containment measures will be liable to be proceeded against as per the provisions of section 51 to 60 of the Disaster Management Act, 2005, besides legal action under section 188 of the IPC.
18. The above containment measures will remain in force, in all parts of the State, for a period of 21 days with effect from 25th March, 2020.

Sd/-LALNUNMAWIA CHUAUNGO
Chief Secretary, Mizoram & Chairman,
State Executive Committee
State Disaster Management Authority,
Mizoram

Memo No.B.13021/103/2020 - DMR : Dated Aizawl, the 25th March,2020

Copy to:-

1. Secretary to the Governor, Mizoram.
2. P.S. to Chief Minister, Mizoram for information.
3. P.S. to Deputy Chief Minister, Mizoram.
4. P.S. to Speaker, Mizoram.
5. P.S. to all Ministers/Ministers of State/Deputy Speaker/Vice-Chairman/Deputy Chief Whip, Mizoram.
6. Sr. P.P.S. to Chief Secretary, Govt. of Mizoram.
7. All Principal Secretaries/ Commissioner/ Secretaries/ Special Secretaries, Government of Mizoram.
8. Director General of Police, Mizoram.
9. Commissioner & Secretary, Mizoram Legislative Assembly.
10. All Administrative Heads of Departments, Government of Mizoram.
11. Secretary of all Constitutional & Statutory Bodies, Mizoram
12. Resident Commissioner/Jt. Resident Commissioner/Dy. Resident Commissioner, all Mizoram Houses for information & further dissemination.
13. All Deputy Commissioners, Mizoram.
14. All Superintendent of Police, Mizoram.
15. All Heads of Departments, Government.
16. Controller, Printing & Stationery with 5(five) spare copies for publication in the Mizoram Gazette.
17. Guard File.



(Dr. MALSAWMTLUANGA FANCHUN)

Under Secretary to the Govt. of Mizoram

Disaster Management & Rehabilitation Department.

ANNEXURE VII

OFFICE OF THE PRINCIPAL DIRECTOR
HEALTH & FAMILY WELFARE DEPARTMENT
GOVERNMENT OF MIZORAM

'The Mizoram Epidemic (COVID-19) Regulations, 2020' siam a ni

COVID-19 laka Mizoram mipuite kan him theih nan leh kan hriselna vawnhim a nih theih nan The Epidemic Diseases Act 1897 behchhanin Mizoram sorkar chuan 'The Mizoram Epidemic (COVID-19) Regulations, 2020' a ti chhuak a. He Dan hian Mizoram pum a huap ang.

He Dan in a sawi tlangpui chu:

1. **Hospital zawng zawng (sorkar leh private)** te'n COVID-19 vei nia rinhlelh/in ringhlelte enna tur bik hmun (separate COVID-19 corner) an siam tur a ni a. An dinhmun a zirin ina inkhung (Home quarantine) tura thurawn emaw damdawi ina dah hran (Isolate) ngai te dahhrang turin emaw an ti thei ang. COVID-19 vei hmuhchhuah emaw rinhlelh reng reng emaw an nei a nih chuan Health Department ah an hriattir (notify) nghal tur a ni.
2. **COVID-19 chungchanga Mizoram kaihnhawih/dinhmun** reng reng thu dik lo leh belhchian dawl lo tuman an thehdarh tur a ni lo. Mizoram kaihnhawih/dinhmun dik tak chu Principal Director leh State Nodal Officer (IDSP) te'n official-a an puanzar chauh rin leh pawm tur a ni.
3. **Private Laboratory** te'n COVID-19 test an ti tur a ni lo. Sorkar chuan a tul dan ang zelin Sample Collection Centre a ruat ang.
4. **COVID-19 hluarna ram/hmuna ni 28 kalta chhunga zinte tih tur:** Ni 28 kalta chhunga COVID-19 awmna ram/hmun atanga lo lut te chu sorkarin Screening point a siamah te an in report ngei tur a ni. Sorkarin inkaihhraina a siam ang zulzui zelin Home quarantine in emaw Designated Quarantine Facility ah emaw Isolation Facility ah dah an ni ang a; an zawm duh lo a nih chuan tihluhna hmangin thuneitute'n heng hmun ah te hian an dah lui thei ang. Quarantine hun chhung hian inkaihhraina tha takin an zawm tur a ni a, insawiselna an neih chuan State Helpline ah an in report thuai tur a ni.
5. Ram dang emaw, state dang atanga lokal te reng reng chu sorkarin Screening Point a siamah sreening turin an in report ngei tur a ni.
6. Ramdang/hmundanga zin chhuak lem lo, insawiselna nei te chuan a rang thei ang berin State Helpline number engemaw ber - 102(Toll free), 0389-2318336/ 0389-2323336 ah hian an in report tur a ni.
7. He dan kengkawh tura thuneihna pek (Authorised Persons) te chuan a tul angin ramdang/hmundang COVID-19 report tawhna atanga lo kal te chu Home Quarantine emaw Designated Quarantine Centre ah an dah thei ang. Tin, heng mi te zinga symptoms nei bik te phei chu 'Isolation Facility' ah an admit nghal thei baw ang. Tin, thupek zawm duh lo te chu dan zawm tura tihluh theihna power an nei baw ang. COVID-19 vei ngei nia rinhle an awmin mipui leh khawtlang an him zawkna tur nia ngaihah chuan an chenna ah kal chilhin, damlo endik theihna leh a tul dan a zirin damdawiin ah an admit thei baw ang.
8. Chief Secretary/DC te thuneihna: Chhan tha tak a awm chuan DC te'n an district pum huapin emaw, an district chhunga hmun khawilai bik emaw-ah heng 'containment measures' te hi an ti thei ang – hmun khar (sealing), mi luh leh chhuah khap, school/office/institution/establishment khar, mipui punkhawm khap, motor tlan

khap, COVID-19 veite chhuizui tir, rinhlelhte khung hran, Building awmsa Quarantine facility/isolation facility atana hman tir, leh sorkarin tul a tih thil dangte pawh.

Khing a chung a mite khi state pum huapa kalpui a ngai a nih chuan Chief Secretary in thuneihna a nei ang. DC te hian an district chhunga sorkar hnathawk te he natna dona kawngah a tul ang zelin mawhphurhna a pe thei ang, sorkar hnathawk lo te puihna pawh an ngen tel thei bawk ang.

9. District Disaster Management Committee te pawhin an mahni district ah theuh hmalak dan tur (strategy) an duang thei ang a, hei hi ti hlawhtling turin sorkar officer dangte pawh DC in a ruat thei ang.
10. Hremna: He dan hnuai a regulations hrang hrang te zawm lo emaw bawhchhia an awm a nih chuan Section 188 of Indian Penal Code (45 of 1860) hmanga hrem theih an ni.

He dan hi kumkhat chhung atana hman tur a ni.



(Dr F. LALLIANHLIRA)
Principal Director
Health & Family Welfare Department
Govt. of Mizoram

Memo No.D.12016/1/2020-PD/NHM:

Dated Aizawl, the 18th March 2020.

Copy to

- 1) PS to Hon'ble Health Minister, Mizoram for kind information.
- 2) PPS to Chief Secretary, Government of Mizoram for kind information.
- 3) PPS to Secretary, Health & Family Welfare Department for kind information
- 4) PPS to Secretary, Home Department for kind information
- 5) PPS to Secretary, Law & Judicial Department for kind information
- 6) PS to Secretary, DM & R Department for kind information
- 7) Director of Health Services for information.
- 8) Director, Hospital & Medical Education for information.
- 9) Director, Zoram Medical College for information.
- 10) Director, I & PR Department for information for wide circulation.
- 11) Mission Director, National Health Mission, Mizoram.



Principal Director
Health and Family Welfare Department
Government of Mizoram

ANNEXURE VIII

TELEPHONE NUMBER PAWIMAWH TE

COVID-19 Helpline

1. Toll free number-102
2. 0389-2323336
3. 0389-2318336

Health & Family Welfare Department

- | | |
|---------------------------------|--------------|
| 1. Minister's Office | 0389-2323211 |
| 2. Secretary Office | 0389-2315206 |
| 3. Principal Director's Office | 0389-2313721 |
| 4. Director (DHS) Office | 0389-2323452 |
| 5. Director (H&ME) | 0389-2334511 |
| 6. Joint Director (F&D) Office | 0389-2313694 |
| 7. MD (NHM) Office | 0389-2324662 |
| 8. Med Supt (Civil Hospital) | 0389-2323236 |
| 9. Med Supt (Referral Hospital) | 0389-2306718 |
| 10.CEO, Health Care Society | 0389-2321484 |
| 11. PD (MASACS) | 0389-2321556 |
| 12. CMO (Aizawl West) | 0389-2317473 |
| 13.CMO (Aizawl East) | 0389-2341819 |
| 14.CMO (Serchhip) | 03838-222334 |
| 15.CMO (Lunglei) | 0372-2324743 |
| 16.CMO (Lawngtlai) | 03835-232515 |
| 17.CMO (Siaha) | 03835-222059 |
| 18.CMO (Champhai) | 03831-234493 |
| 19.CMO (Kolasib) | 03837-220046 |
| 20.CMO (Mamit) | 0389-2565394 |
| 21.MGDA | 0389-2301715 |
| 22.ZMC (Registrar) | 9436141314 |
| 23. ZMC (Med.Supdt,SRH) | 9436156177 |

STATE DISASTER MANAGEMENT
IMPORTANT TELEPHONE NUMBERS

Sl. No.	Name	Contact Number
1	STATE CONTROL ROOM	0389-2335837/9615332933/ 9436195861
AIZAWL DISTRICT		
2.	Deputy Commissioner, Aizawl	0389-2329202/0389-2329203
3.	District Organiser, Aizawl	8974620799/9856910470
4.	Disaster Management Coordinator, Aizawl	9436453580
5.	CMO 'E'	2350500
6.	CMO 'W'	2311222
7.	DC Office	76400 99120
MAMIT DISTRICT		
8.	Deputy Commissioner, Mamit	0389-2565414/ 2565220/ 9366665122/ 7005273242/ 9774033356
9.	District Organiser, Mamit	9366665122
10.	Mamit Medical Control Room	9612467068
LAWNGTLAI DISTRICT		
11.	Deputy Commissioner, Lawngtlai	03835-232656/ 7085601320/ 8837088622/ 7085077496
12.	District Organiser, Lawngtlai	9862305451
13.	Lawngtlai District Hospital	9774581861
LUNGLEI DISTRICT		
14.	Deputy Commissioner, Lunglei	0372-2324021
15.	District Organiser, Lunglei	9436156099/9862653478
KHAWZAWL DISTRICT		
16.	Deputy Commissioner, Khawzawl	9612157628/ 9436140837
17.	Addl. Deputy Commissioner	8837069362
18.	SDO (S)	9862286368
19.	SP, Khawzawl	8413935622
20.	Medical Control Room, Khawzawl	8256917716

SERCHHIP DISTRICT		
21.	Deputy Commissioner, Serchhip	03838-222178
22.	District Organiser, Serchhip	8416045464/9862116104/6009671590
23.	Serchhip District Helpline	6033128124 (Medical)
		6033123750 (Non- Medical)
SIAHA DISTRICT		
24.	Deputy Commissioner, Siaha	03835-222038/ 222024/ 9366810424
25.	Addl. Deputy Commissioner, Siaha	9862689748/ 226068
26.	SDO (S), Siaha	7627996733/ 222042
27.	Control Room, Siaha	03835- 222055/ 9774478529
28.	District Organiser, Siaha	8132835109/9774478529/7005445538
29.	Medical Control Room, Siaha	03835- 222723/ 9774896376
CHAMPHAI DISTRICT		
30.	Deputy Commissioner, Champhai	03831-234400/ 8660582421
31.	Addl. Deputy Commissioner, Champhai	9436159667
32.	SDO (S), Champhai	9856055680
33.	Superintendent of Police, Champhai	9436154085
34.	District Organiser, Champhai	9862767718
35.	Disaster Management Coordinator, Champhai	9615472076/7085925320
36.	Champhai District Hospital, Vengsang	8588009756
KOLASIB DISTRICT		
37.	Deputy Commissioner, Kolasib	03837-221063
38.	District Organiser, Kolasib	7005576750/9774131593
SAITUAL DISTRICT		
39.	Deputy Commissioner, Saitual	9774041968
40.	SDO (S), Saitual	9436141152
HNAHTHIAL DISTRICT		
41.	Deputy Commissioner, Hnahthial	9436148016
42.	Control room, Hnahthial	8787421826/ 7085132261
43.	District Hospital, Hnahthial	9366144250/ 8974411064